

TRUEKAST with QUICKSAW TECHNOLOGY - Preparation

Step 1 Weave the enclosed TOE COTTON between the toes.



Step 2 Slide the enclosed STOCKINETTE over the toes and up to the knee leaving a small overhang over the toes.



Step 3 Apply the Total Foot Protection Pad by removing the backing and folding gently over the heel along the plantar surface and over the toes while avoiding any pressure to the toes. Cut excess from both sides of the toes.



Step 4 Apply the Tibial Crest Protection Pad from the Talus along the Tibia towards the knee. There is no reason to cut the pad as it will assist in forming the soft collar.



Step 5 Apply the enclosed LATERAL AND MEDIAL FELT STRIPS from the edge of the bottom of the foot over the malleolus up to three inches below the side of the knee. There is no reason to cut these strips as they will assist in forming the soft collar.



Step 6 Begin applying the CAST PADDING by covering the toe area to insure it does not adhere to the cast tape.



Step 7 Roll on the enclosed CAST PADDING insuring to completely cover the toe foam and roll up the leg to the top edge of the medial felt strips.



Step 8 Apply the enclosed QUICKSAWS. Remove the backing and place along the medial lateral and medial strips on the side of each leg. Insure even overhang from the top of the stockinet and below the foot.



TRUEKAST Application (Fiberglass Application)

Step 1 Moisten 1st roll of enclosed CAST TAPE in cool water soaking for 5 seconds while squeezing. Ring out excess fluid.

Roll On from toes to just under top of felt strips using a 50% overlap.

Cut excess at the top of the cast.

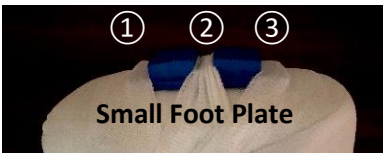
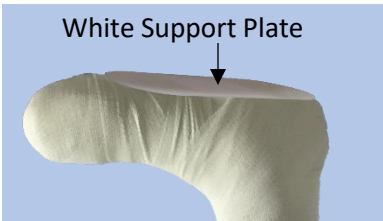
Step 2 Apply the enclosed SPLINT (Do Not Moisten) from the top of the cast tape on the calf, over the plantar surface and allow to hang over the toes.

Step 3 Place the enclosed Plastic Walking Surface Support Plate in the center of the plantar surface of the foot.
CAST SHOE WALKING SURFACE ONLY: DO NOT place Support Plate on top of Splint – Support Plate is to be placed in Step 5 (after 2nd roll of cast tape has been wrapped around Splint)

Step 4 Moisten the 2nd roll of enclosed CAST TAPE. Starting at mid-foot, roll cast tape over toes and then around heel 1 1/2 times.

Then roll over dorsum catching excess splint hanging over toes.

Continue to roll on using a 50% overlap to top of the previous roll of cast tape. Cut excess at the top of the cast.



Step 5 **FOOT PLATE:** Apply the enclosed WALKING HEEL by placing it on the plastic plate and aligning the front of the back peg of the walking heel with the shin and insuring it is straight from back to front.

Step 5 **CAST SHOE:** Apply the enclosed Plastic Walking Surface Support Plate by placing it starting at the end of the heel instead of in the center of the plantar surface.

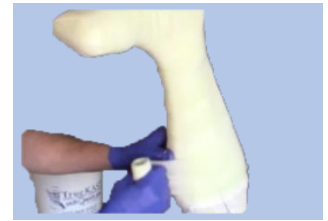
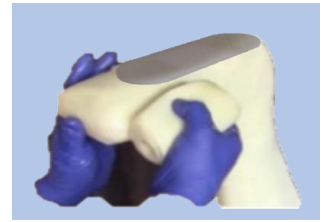
Step 6: FOOT PLATE
Apply 3rd roll of CAST TAPE beginning at the toe overlapping the toe of the walking heel twice.

Pinch cast tape to fit through center of walking heel. Wrap once over the back of the walking heel.

Continue to wrap cast tape using a 50% overlap to the top of the previous rolls. Cut excess at the top of the cast.

Step 6: CAST SHOE
Apply 3rd roll of CAST TAPE beginning at the toe.

Continue rolling on cast tape to cover white support plate.



Step 7 Fold the exposed STOCKINETTE against the cast to cover the QuickSaws.

Roll on the enclosed COHESIVE BANDAGE beginning at the toes, following the last roll of cast tape through the walking heel and up the leg, folding the QuickSaws under the Bandage.

Continue to the top of the cast.

TRUEKAST Removal



Step 1 Remove the COHESIVE BANDAGE and lift the STOCKINETTE to expose the QUICKSAWS.



Step 2 Cut or tear open the ends of the QUICKSAWS to expose the eyelets on both sides.



Step 3 Using the removal handles, attach one handle to the upper eyelet and one to the lower eyelet.



Step 4 Slowly pull one side of the QUICKSAW and then the other to insure it is loose inside the TRUEKAST.



Step 5 Stand at the foot of the Patient. Begin the sawing action using the handle at the top of the cast to cut the cast wall and the handle at the patient's foot to pull the saw back at each stroke. Maintain movement and keep the saw taut.



Step 6 Pull the handle at the top of the cast towards yourself while continuing the sawing motion until the saw is completely removed from the cast. Repeat Steps 1-6 on opposite side of the leg.

Step 7 Pull the cast away from the back side of the calf to separate and slide the cast off the patient's foot. Remove any additional materials by sliding them over the foot.

Additional Instructions:

If after reading these instructions and watching the video you have additional questions, do not proceed before calling 866-968-6352 for clarification. A 50% overlap must be utilized during application. It is not necessary to wrap any area more than 50% overlap and could change the design of the cast. When wrapping cast tape around the QuickSaws insure you closely wrap the tape around them without severely bending or pinching the saw.

Application and Removal of this product are very specific and must be followed in detail. Any alterations by applicator will void any responsibility or liability of the manufacturer. Should any issue occur during or after the use and wear of a TrueKast System the manufacturer requires the removed cast to be held by the facility for inspection of the application by manufacturer, otherwise this voids the responsibility and liability of the manufacturer. By utilizing our TrueKast Systems you are acknowledging that you have had sufficient training and agree to adhere to our application process and understand that there may be no alterations or changes in application or application process. WoundKair Concepts does not guarantee any reimbursement as this is a function of our customers and they are required to verify with any paying source the reimbursement amounts or procedures and coding.

